

GREEN VELVET IMMUNE-BOOSTER SMOOTHIE



INGREDIENTS:

- 1 scoop Ravishing Red Velvet Glam Pro
- ½ cup spinach
- ½ cup kale
- ½ cup raw frozen broccoli florets
- 1 kiwi fruit, sliced
- 1 tbsp natural almond butter
- ½ tsp fresh grated ginger
- 1 cup unsweetened almond milk
- **½ cup Ice (only needed if broccoli is not frozen)

DIRECTIONS:

1. Blend all ingredients together on HIGH in a blender.

Enjoy!



Makes 1 Serving

Calories: 280 | Protein: 22 g | Carb: 22 g | Fat: 12 g | Fiber: 8 g