

BREAKFAST IN BED GRANOLA



INGREDIENTS:

- 4 scoops Breakfast in Bed GLAM PRO
- 2 cups old-fashion oats
- 1/4 cup coconut oil
- 1/4 cup water

DIRECTIONS:

- 1) Preheat oven to 300F
- 2) Measure coconut oil and place in a large microwave safe bowl
- 3) Microwave for 30-45 seconds or until oil is melted
- 4) Add GLAM PRO and water to the oil and mix until well incorporated
- 5) Add old-fashion oats and mix until all oats are well coated
- 6) Place parchment paper on a large baking sheet
- 7) Place oats on parchment paper, spread and flatten the oats across the baking sheet
- 8) Bake for 30 minutes. Break apart and mix granola every 10 minutes
- 9) Allow granola to cool for about 5-10 minutes before storing in an air tight container. Store for up to 7 days



Enjoy!

Makes 8 Servings | Serving Size = 36 g (1/2 cup)
Calories: 172 | Protein: 10 g | Carbs: 15 g | Fat: 8 g